

Grade 7 Alpha Session 5

Episode 5: PRAYER-WHY AND HOW DO I PRAY

Opening Prayer

Dear God,

Thank you for being there for us. Thank you for loving us. Thank you for believing in us. Thank you for never failing us. Thank you for being with us. Thank you for providing for us. Thank you for blessing us. Thank you for giving us rest. Thank you for strengthening us. Thank you for answering us. Amen!

Ice Breaker: If you could live anywhere in the World, where would that be?

Watch Video Episode 5: Why and How do I pray? (Running Time: 19:15 mins.)

Question 1: If you could be any Superhero who would you be?

Supporting Questions:

- Why?
- What would be the most useless superpower to have?
- What would be the best superpower to have?

Question 2: Why do you think people don't always get what they pray for?

Supporting Questions:

- Why would a loving God not always give people what they pray for?
- Is there any way to know for sure the difference between our prayers being answered and something working out as a positive coincidence?
- Have you ever looked back and been thankful that God didn't give you what you prayed for?

Question 3: Have you ever tried praying? What did you pray for? What happened?

Supporting Questions:

- Did your family pray together when you were growing up?
- In what situation could you imagine yourself turning to prayer?
- Where is an idea place to pray (other than at church)?
- Is there a bad time and place to pray?

Post Session Thoughts:

- How did you feel about today's episode? What stood out to you?
- If God knows all of our needs, why should we pray about them?
- If you had to summarize the purpose of prayer, what would you say?
- Ben shared about how he felt after his parents split up and how after praying, even though the situation didn't change, something in his heart did. Have you ever had a similar experience where you felt God was near in a really hard time?
- What's the difference between Christian prayer and asking Santa for something at Christmas?
- What prevents us from praying?